

# Am I a Safe Driver?

**Check the box if the statement applies to you.**

- I get lost while driving
- My friends and family members say they are worried about my driving
- Other cars seem to appear out of nowhere
- I have trouble seeing signs in time to respond to them
- Other drivers drive too fast
- Other drivers often honk at me
- Driving stresses me out
- After driving, I feel tired
- I have more “near misses” lately
- Busy intersections bother me
- Left-hand turns make me nervous
- The glare from oncoming headlights bothers me
- My medication makes me dizzy or drowsy
- I have trouble turning the steering wheel
- I have trouble pushing down on the gas pedal or brakes
- I have trouble looking over my shoulder when I back up
- I have been stopped by the police for my driving recently
- People will no longer accept rides from me
- I don't like to drive at night
- I have more trouble parking lately

**If you have checked any of these boxes, your safety may be at risk when you drive. Talk to your doctor about ways to improve your safety when you drive.**



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